

Who we are

Adelaide Public Speaking differentiates from other coaching groups in that everyone enjoys the experience. We have a lot of fun -- there is nothing like listening to a speech and giving and receiving positive feedback.

What we do

Public speaking coaching and mentoring as well as sales and networking techniques, tools to interview and be interviewed, facilitating meetings and goal setting. We can facilitate workshops or one-on-one mentoring

Experience

Through public speaking at Rostrum and other clubs for over 45 years. Formally the owner of a prominent Adelaide business, Peter started Adelaide Public Speaking because it was his passion to help people be persuasive.

Adelaide Public Speaking

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IMPROMPTU SPEECHES



Consider how often you are required to speak without notice, and without being given any time to prepare your thoughts. This might be at a party in front of friends and family or at a work meeting in front of colleagues.

Below I have described some tips to think about as you walk to your podium – the main aim is to deliver a speech that has a central idea, that is short and to the point and that engages your audience. Managing nerves can be difficult with short notice, however make sure to smile! This will relax you and help you be comfortable – your nerves will dissipate and your audience will also relax.

“...would you like to say a few words?”

- An impromptu speech is like any other – it needs an opening to make the audience listen, a body to develop the idea and the conclusion to leave the audience with your message.
- Stick with one central idea and a few main points as time will not permit proper theme development.
- Walk slowly to your speaking spot, glance at your audience, smile and then speak – it gives you some thinking time and sets the scene.
- Connect your thoughts to real life experiences and draw on something worthwhile – an opinion, a memory, an experience. Think on your feet!
- Don't feel obliged to fill in the time with “white noise”. Say what you need to and sit down.
- Keep it simple; use short sentences and don't be afraid of pausing. This will reduce the tendency to “um” and “er”. Focus on vocal variation and voice colour.
- Finally, enjoy the opportunity to shine!